

LEAFLET SCALP REDUCTION

Scalp reduction according to Dr. Fechet

This method is applied if the person is visibly bald and there is not enough hair to transplant.

Causes of hair loss

The most frequent cause of hair loss is an inherited hormonal disorder of the hair-producing cells (hair follicles). Hair loss generally occurs slowly and without being noticed over years. Usually, there are other bald family members.

Up to 70% of men and 50% of women are affected by inherited hair loss.

What will be done?

Due to the elastic properties of the scalp, about 3 to 4 cm of bald scalp can be stretched and surgically removed. Then the edges of the wound can be sutured together (reduction of the bald).

If the result is not sufficient, an extender will be used to contract the skin. The extender will be removed later with another 3 to 4 cm of skin. The bald area will be massively reduced; i.e. removed.

If necessary for visual results, hair transplantation can be carried out after 6 weeks.

Operation

This is an outpatient procedure in sedation and local anesthesia. It will take place in our practice-owned operating theatre. After the operation, you can go home without any bandages.

Follow-up treatment

Stitches will be removed after 10 to 14 days.

Surgical removal of extender and potential second and third skin excision will take place with intervals of 4 weeks.

What needs to be taken into account?

- Do not expose to sun for 2 to 4 months (use loose head covering).
- Do not do any exercise or swim during 2 weeks.

Frequently asked questions

- Under what circumstances is it convenient to carry out a scalp reduction?
If there are large bald areas and little hair.
- How many surgical sessions are necessary?
Generally, it is necessary to have at least 2 to 3 operations with intervals of 4 to 6 weeks.
- How long are you unable to do exercise?
Swimming, contact sports and intense endurance sports are possible after 14 days.
- Under what circumstances is scalp reduction not possible?
 1. *People under the age of 30 may not be treated.*
 2. *Disease-related hair loss*